

# Rocking a baby to sleep

with a contemporary musical approach



A board  
book  
For  
carers

By

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With the help of

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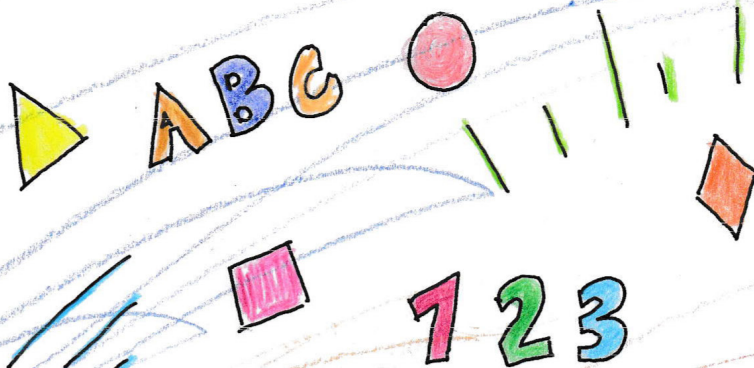
To love



• This board book illustrates how I used sound to rock my baby to sleep.

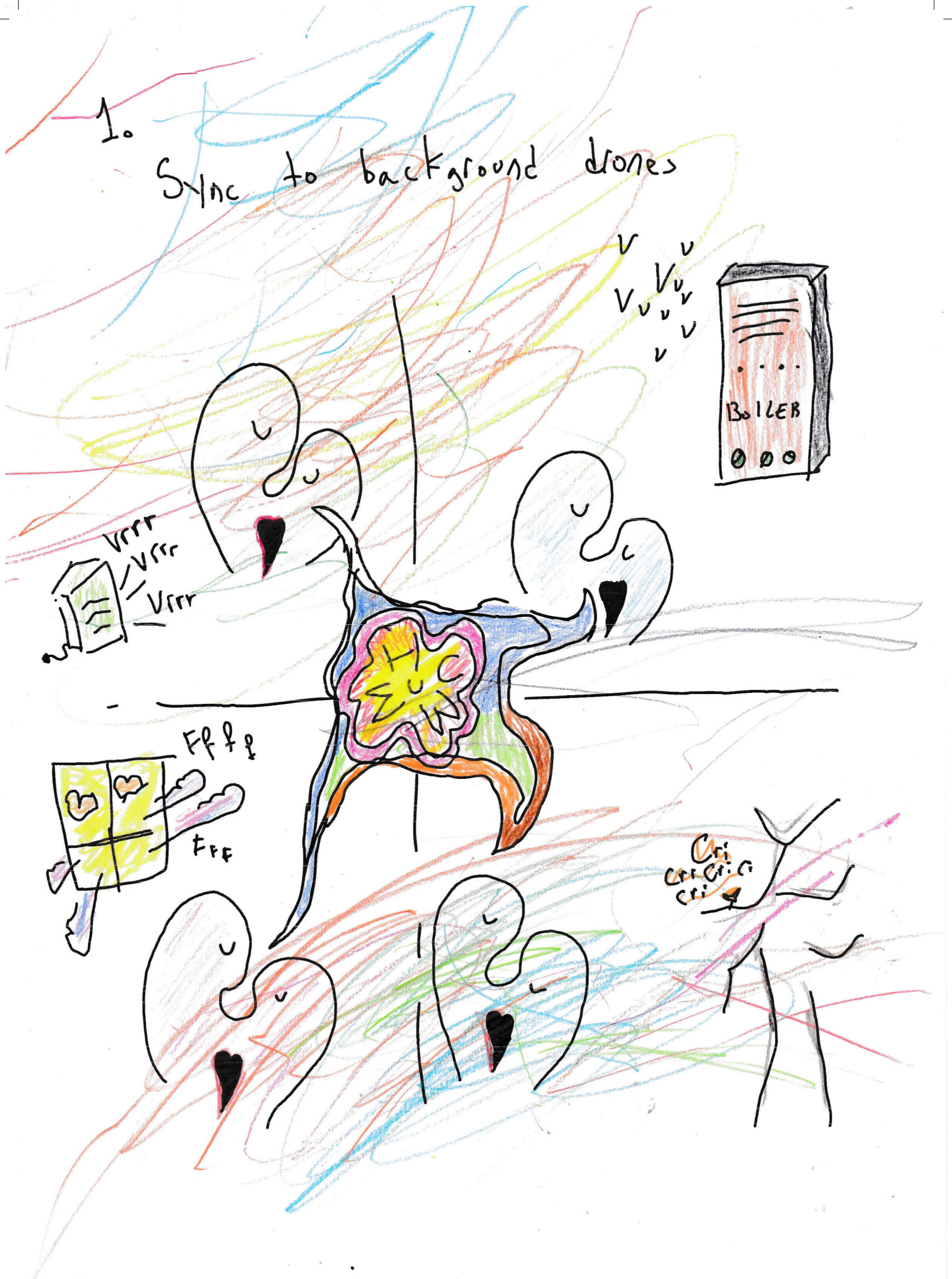
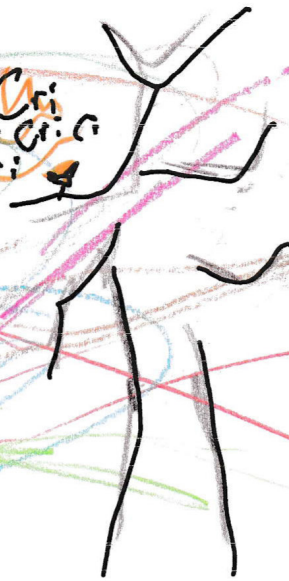
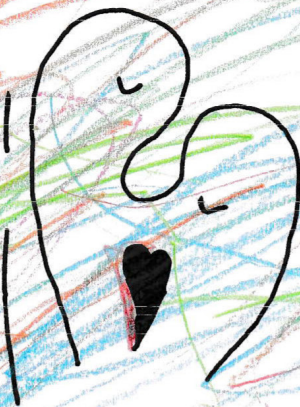
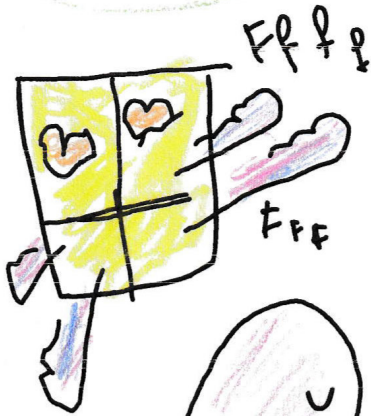
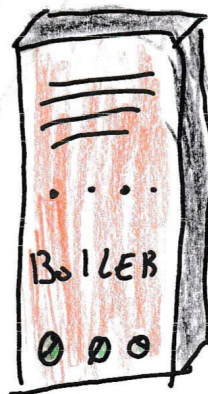
• Some suggestions are the opposite of previous suggestions.

• All suggestions are for creative use, and can be modified by each unique carer for each unique baby



1.

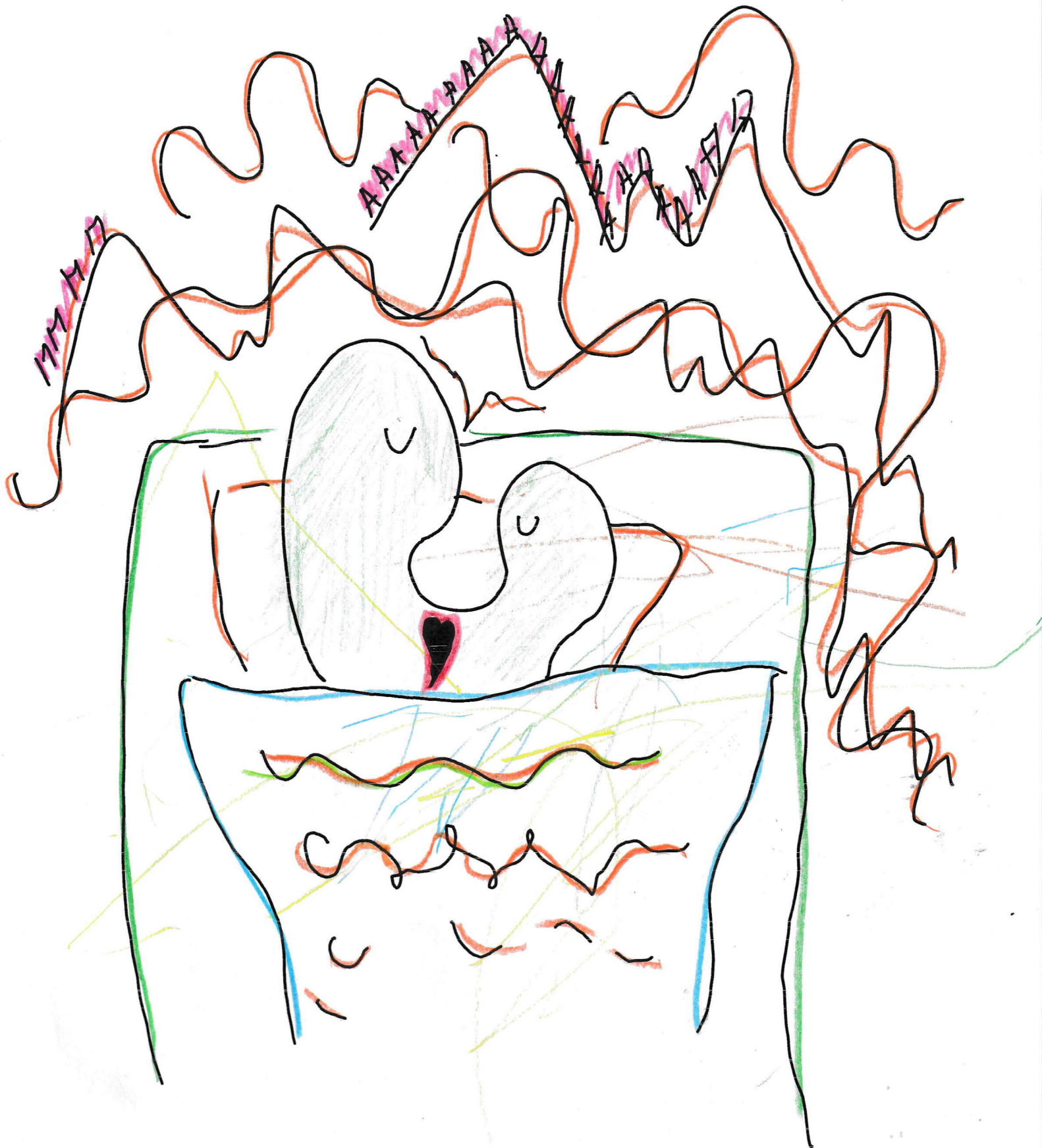
Sync to background drones



2. Follow your baby



3. Go psychedelic  
with glides



4. Go psychedelic with jumps



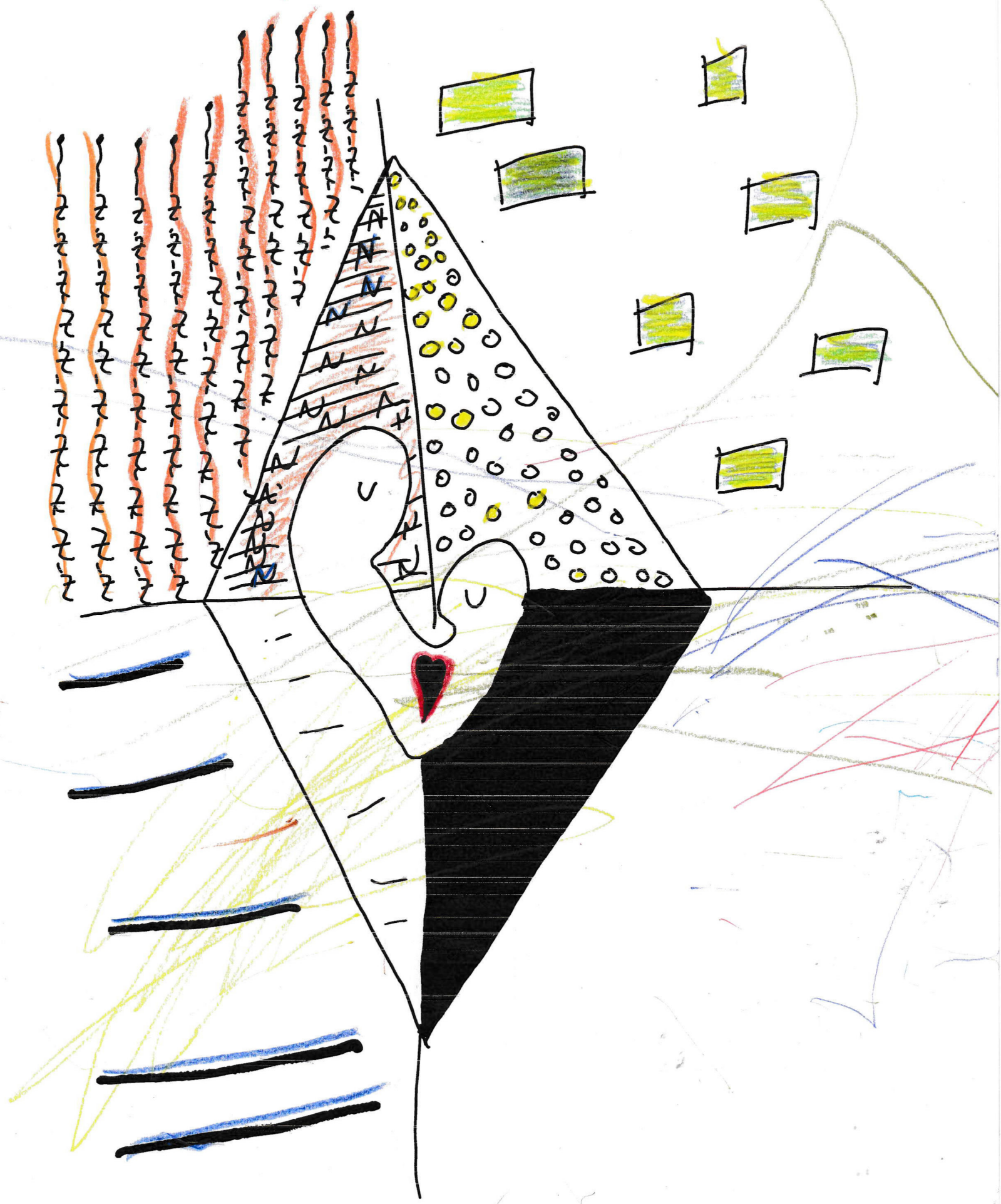


# 5. Sudden Changes

Tataataataataataataataata  
 tataataataataataata **BI MI** tutututu  
 tutu **GAN!** beem beem beem beem  
 beem beem beem beem beem beem  
 gibbi. w h m k w **B!** u u u u



6. De - sync





Explore and experiment with sound, to accompany your baby's sleep, through six thoughtful graphic scores. This little board book suggests imaginative approaches, like tuning into your surroundings and establishing a bond between yourself, the environment, and your baby. Providing a new outlook on lullabies, these illustrations serve as initial creative ideas for rocking your baby to sleep through sound and environment. These little musical bedtime compositions can be expanded, adapted and personalised by each unique baby, caregiver, and setting.



This book is printed on demand.

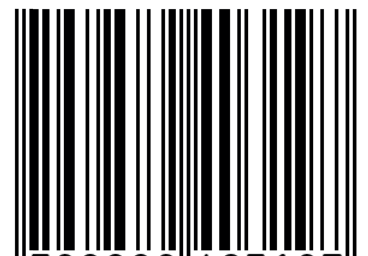
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ISBN 979-8-88940-319-7



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